International volunteers are an integral part of community life at Camphill Blair Drummond. We have a number of different artistic and land based activities which offer a wide range of options to our residents and day students. Volunteers offer encouragement and participation to our residents and day students to join in with these activities.

Below is a list of activities we provide. Please choose up to 3 artistic and land based activities and 2 social activities that you would find most interesting. This will help us develop the schedule of activities you will participate in when you are here at Camphill Blair Drummond.

NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| --- | --- | --- | --- | --- |
| **Activity** | **Description** | **Yes** | **No** | **Comments** |
| **Bakery** | In our bakery, residents are offered encouragement by volunteers to enable them to produce organic fresh breads, rolls and pizzas for the houses and for sale to the wider community.The rhythmical, daily routine of the bakery is ideal for those who prefer a more set or structured task and can take these skills back home |  |  |  |
| **Textiles** | The Textile Workshop gives the opportunity to learn a variety of techniques - hand and machine embroidery and machine sewing.With these skills you will be able to learn how to make items such as cushions, soft toys and bags. While encouraging and participating with our residents in the workshop, volunteers will also have the opportunity to work independently on their own projects. This can include gifts for family or personalising and embellishing their own clothing. |  |  |  |
| **Garden** | **Potager Garden** – This garden has formal flower beds, a large Victorian greenhouse, workshop and bothy (tea room and changing area). Residents, staff and volunteers join in tasks within the garden, using both our green houses to grow flowers and vegetables.**Kitchen Garden** – This garden is more of a productive garden, growing a variety of fruit and vegetables. The produce grown here is enjoyed by all in our Community.Residents, staff and volunteers help maintain the raised beds and vegetable plots along with a large poly tunnel for growing fruit and vegetables under cover |  |  |  |

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| --- | --- | --- | --- | --- |
| **Activity** | **Description** | **Yes** | **No** | **Comments** |
| **Estate** | Estate maintains and cares for the grounds within our community. The tasks are inspired by the seasons and the weather The tasks are enjoyable The residents and day students are the core of Estate with staff and volunteers allowing students to get the most from their time there by helping to encourage and inspire them. |  |  |  |
| **Craft** | Craft is a shared creative experience for students, staff and volunteers We make items, such as candles which are sold locally. The creative processes and ideas formed result in finished pieces of work, whether it is a painting or a batik scarf or costumes for community plays.Volunteers are also encouraged to bring their own ideas to craft and produce a piece from their own imaginations. |  |  |  |
| **In Touch** | InTouch offers a wide variety of crafts and activities including fused and stained glass, mosaics, felting, rag rugs, salt dough, music and some dance.We often have new residents join us, who are experiencing the transition from school to our adult environment. Finding out what activities they enjoy and building on their skills and talents.Volunteers are encouraged to interact and build relationships, to join in tasks together on shared projects while at the same time develop their own skills and abilities. |  |  |  |
| **Pottery** | In the Pottery we seek to create a relaxed and creative atmosphere in which our residents can feel secure and empowered to develop their creativity.We mould, fire and decorate a wide variety of clay objects, from the fun to the practical – anything goes!Our volunteers are an important part of the pottery to encourage and interact with the students but also to develop and learn new clay-working skills of their own. |  |  |  |

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| --- | --- | --- | --- | --- |
| **Workshop** | **Description** | **Yes** | **No** | **Comments** |
| **Woodwork** | The Wood Work has a sense of therapy and productivity Residents, staff and volunteers engage with nature and machine to sculpt beautiful objects such as bird tables, fruit bowls, animals and decorations. Residents and volunteers are encouraged to use their imagination and develop their own designs and ideas. |  |  |  |
| **Basketry** | Basketry seeks to provide a secure and peaceful environment, maintaining a high level of support and encouragement for our residents and day students. In Basketry the groups use materials such as willow, cane, raffia and sea grass to weave beautiful baskets by hand. All who participate in the basketry are encouraged to develop their own skills and talents in basket making and other activities such as origami, Para-cording, beading and jewellery making. |  |  |  |

**Other Activities include:**

**Walking Group**

**Music**

**Choir**

**Drama**

**Jam Making**